



## **Petite Explorer Preschool COVID Health and Safety Plan \*Updated 11/18/22**

The following policies have been created in response to the Covid-19 pandemic in order to maintain optimal operation and consider the health and well-being of the students, staff, preschool and programs.

**Please inform your PE teacher if anyone in your household is experiencing symptoms or has been exposed to Covid-19.**

### **Mask Mandate:**

As of September 21, 2022 masking indoors will be optional. Families who prefer to have their child masked while indoors can do so by sending their child to school wearing a mask and informing his/her teacher/s of their preference.

Masks are not mandatory outdoors unless a family chooses to continue to have their child wear one.

\*Petite Explorer Preschool reserves the right to change our school mask policy at any time for the safety of our staff, families, and children.

### **Health Policy:**

To enter upon the Petite Explorer Preschool facility premises and participate in the program, students and staff must be free from COVID-19 symptoms.

If at any time during the school day, your child shows any of the [CDC's listed symptoms](#), you will be contacted for an immediate pick-up. Children must remain at home for care and observation until they are totally symptom free **AND** provide proof of a negative test.

### **Quarantine/Isolation:**

**Isolation:** After a positive COVID-19 test, children over age 2 (vaccinated or not vaccinated), may return to childcare after 5 days of isolation as long as they are **ASYMPTOMATIC and have a negative test**. Masking will be required to participate in the program for a minimum of 10 days from positive test reading.

**Quarantine:** After a program-based exposure to a positive COVID-19 case (e.g. another child or staff participating in the program), the following guidelines are in place:

Asymptomatic children may return to the program, with regular interval testing for the duration of quarantine (e.g. at minimum two times within a week at least 36 hours apart). The first negative test result will be due prior to returning to school and the second within a week of the exposure. This does not apply to home exposures.

**Covid exposure from close contact within the household (parent/guardian, sibling or any individual residing in the same house):** If the child has ongoing close contact with the person with COVID-19 (for example, a parent/guardian or sibling), the child must quarantine for a minimum of 5 days. The child can return to the program after the five day period along with showing no cold/flu like symptoms AND negative Covid-19 test readings on Day 3 and Day 5 from exposure. Masking will be required to participate in the program for a minimum of 10 days from day of last exposure.

**Travel Policy:** Petite Explorer Preschool will continue to implement the guidelines below when returning from travel and enforce a required quarantine along with testing requirements.

**Returning to school from Domestic & International Travel:** Children & Staff who travel must self-monitor for [Covid-19 symptoms](#). Should symptoms appear, isolate and seek testing. Individuals can return to school with a negative test if no symptoms are present. Asymptomatic children may return to the program, with regular interval testing (e.g. at minimum two times within a week at least 36 hours apart). The first negative test result will be due prior to returning to school and the second within 3-5 days from returning from travel.

**Communication:**

Petite Explorer Preschool will inform families of an exposure immediately via email detailing quarantine & testing requirements along with next steps to return safely to school.

Parent/Guardian must inform the preschool immediately of the following:

Your child has tested positive for Covid-19 or is experiencing cold/flu like symptoms

A member of the household has tested positive and your child is considered a close contact

Your child will be traveling commercially (for example on a mass mode of transportation with members outside of the household).

**Confidentiality:** The privacy of the individual will be respected at all times. No personal information will be disclosed when communicating an exposure to the community.

**Risk of Exposure:** Families who choose to have their child participate in in-person learning, understand that while present in the Petite Explorer Preschool facility each day the child will be in contact with children and Petite Explorer Preschool employees who are also at risk of community exposure. No list of restrictions, guidelines or practices will remove 100% of the risk of exposure to COVID-19 as the virus can be transmitted by persons who are asymptomatic and before some people show signs of infection.

**AGREEMENT, DECLARATION AND ASSUMPTION OF RISK:** By signing below you agree to take all recommended and reasonable actions to protect yourself and others from exposure to COVID-19, and that you and your child ASSUME THE RISK, as applicable, of entering the Property, or allowing someone to enter the property. You understand and agree that no one, including preschool staff and management, can guarantee that you will not be exposed to or contract COVID-19.

Please sign below to accept and acknowledge updated preschool procedures declaration to enter the facility.

Child's Name:

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Signature:

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Date:

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The collective effort and sacrifice of San Francisco residents staying at home limited the spread of COVID-19. But community transmission of COVID-19 within San Francisco continues, including transmission by individuals who are infected and contagious, but have no symptoms. Infected persons are contagious 48 hours before developing symptoms (“pre-symptomatic”), and many are contagious without ever developing symptoms (“asymptomatic”). Pre-symptomatic and asymptomatic people are likely unaware that they have COVID-19.

The availability of childcare is an important step in the resumption of activities. However, the decision by the Health Officer to allow childcare and summer camps for all families at facilities that follow required safety rules, does not mean that attending childcare or summer camp is free of risk. Enrolling a child in childcare or summer camp could increase the risk of the child becoming infected with COVID-19. While the majority of children that become infected do well, there is still much more to learn about coronavirus in children, including from recent reports of Multisystem Inflammatory Syndrome in Children (MIS-C).

Each parent or guardian must determine for themselves if they are willing to take the risk of enrolling their child in childcare/summer camp, including whether they need to take additional precautions to protect the health of their child and others in the household. They should particularly consider the risks to household members who are adults 60 years or older, or anyone who has an underlying medical condition. Parents and guardians may want to discuss these risks and their concerns with their pediatrician or other health care provider.

More information about COVID-19, MIS-C, and those at higher risk for serious illness is available on the Centers for Disease Control and Prevention website at <https://www.cdc.gov/coronavirus/2019-ncov/>.

I understand the risks associated with enrolling my child in childcare/summer camp, and agree to assume the risks to my child and my household. I also agree to follow all safety requirements that the childcare program/summer camp imposes as a condition of enrolling my child.

Child's Name:

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Signature:

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Date:

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